SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION ABBREVIATIONS: ALF CREATIVE ARTS ROOM ALF D/R ~ ASSISTED LIVING DINING ROOM ALF LOUNGE AUD ~ AUDITORIUM C/R ~ CRAFT ROOM D/R ~ DINING ROOM L/C ~ LIFESTYLES CENTER PB ~ PEACOCK BISTRO PG ~ PUTTING GREEN SC ~ SHUFFLEBOARD COURTS W/C ~ WELLNESS CENTER	GENERAL INFORMATION: *BIRTHDAY NIGHT RESERVATIONS ARE REQUIRED. PLEASE ASK THE HOSTESS OR CALL 305~256~3539. RESERVATIONS ARE ACCEPTED UNTIL 2 PM ON BIRTHDAY NIGHT. PLEASE NOTE THAT WITHOUT A RESERVATION. YOUR SEATING MIGHT BE DELAYED. NO MAKE-UP MEALS ON BIRTHDAY NIGHT, HOLIDAYS, NOR ON THE LAST DAY OF THE MONTH, PLEASE! PLEASE BE ADVISED THAT SHORTS MAY NOT BE WORN AT DINNER NOR SUNDAY BRUNCH. WE APPRECIATE YOUR COOPERATION!	10:15 AM OUTING: WALGREENS PHARMACY 11:30 AM ALF D/R LUNCH & LEARN: ARE CHARITABLE GIFT ANNUITIES RIGHT FOR ME? 3 PM ALF LOUNGE GENERAL DISCUSSION GROUP WITH ART NORTH 3:30 PM ALF CREATIVE ARTS ROOM BETTY'S BIBLE STUDY SPECIAL GUEST ARTIST MARYNA KRUTKO	9:30 AM OUTING: PUBLIX 9:30 AM L/C TOWN COUNCIL 2 PM-4 PM ALF CREATIVE ARTS ROOM MEN'S WORKSHOP	10:30 AM-12 NOON L/C HEALTH SCREENING EASY CARD & STS APPLICATIONS WILL BE DISTRIBUTED 2 PM L/C FOOD COMMITTEE 2 PM L/C CERAMICS 2 PM OUTING: PUBLIX	9:30 AM OUTING: SOUTHLAND MALL 10 AM L/C PLANT COMMITTEE	10 AM L/C MUSIC OF THE AGES 4 PM W/C TAI CHI *NEW LOCATION FOR TODAY 1 PM-9 PM L/C CAROLYN GARWOOD'S BIRTHDAY OPEN HOUSE CELEBRATION
11:30 AM D/R BRUNCH HARP MUSIC 3 PM OUTING: THE BARBER OF SEVILLE OPERA 4 PM ALF CREATIVE ARTS ROOM VESPERS GUEST SPEAKER: ART NORTH 4:30 PM W/C YOGA	9:30 AM OUTING: PUBLIX 10 AM W/C ZUMBA	1 PM LIBRARY (APT. 430) GET TECHY WITH TAT ~ TAT WILL ANSWER ANY TECHNOLOGY QUESTIONS YOU MIGHT HAVE INCLUDING SMART PHONES, ETC. 3 PM ALF LOUNGE GENERAL DISCUSSION GROUP WITH ART NORTH 3:30 PM ALF CREATIVE ARTS ROOM BETTY'S BIBLE STUDY	8:30 AM ALF D/R MEN'S BREAKFAST 9:30 AM OUTING: PUBLIX 2 PM AUD COMMUNITY VOICE AGENDA: UPDATES 3 PM L/C CONVERSATIONAL SPANISH	9 AM OUTING: 1ST NAT'L BANK 11 AM ALF LOUNGE 3RD FLOOR CATHOLIC MASS 12 NOON L/C LUNCH & A MOVIE FEATURING: OVERBOARD (COMEDY, ROMANCE); MENU INCLUDES: WRAPS, CHIPS, COOKIES, SOFT DRINKS, GOOD COMPANY & FUN!!! 2 PM OUTING: PUBLIX	9:30 AM OUTING: WALMART 9:45 AM ALF LOUNGE MEET YOUR NEIGHBOR 2 PM W/C GRIEF COUNSELING	10 AM ALF LOUNGE MORNING JAM WITH DOMINICK CAMA & FRIENDS 4 PM L/C TAI CHI 7:30 PM L/C MOVIE NIGHT
4 PM ALF CREATIVE ARTS ROOM VESPERS GUEST SPEAKER: GERRY MOORE 4:30 PM W/C YOGA	9:30 AM OUTING: PUBLIX 10 AM W/C ZUMBA 2 PM L/C JIB JAB POLITICAL DISCUSSION GROUP FORUM ~ SPECIAL GUEST: MIAMI-DADE COUNTY COMMISSIONER DANIELLA LEVINE-CAVA 7 PM L/C BINGO	3 PM ALF LOUNGE GENERAL DISCUSSION GROUP WITH ART NORTH 3:30 PM ALF CREATIVE ARTS ROOM BETTY'S BIBLE STUDY	9:30 AM OUTING: PUBLIX 2 PM AUD TOWN HALL 3 PM L/C PAINTING WITH A SIP	9 AM OUTING: 1ST NAT'L BANK 1 PM ALF LOUNGE 2ND FLOOR PLYMOUTH CONGREGATIONAL CHURCH GATHERING EVERYONE WELCOME! 2 PM L/C CERAMICS 2 PM OUTING: PUBLIX 4:30 PM D/R BIRTHDAY NIGHT THEME: COUNTRY WESTERN	9:30 AM OUTING: TARGET/ WINN DIXIE 3 PM AUD SALSA FIESTA DANCE MUSIC & PROFESSIONAL DANCERS, COCKTAILS, DELICIOUS HORS D'OEUVRES & LOTS OF FUN!! LET'S GIVE A WARM WELCOME TO LATIN LEGENDS JOHNNY CONGA & MARIO MARRERO 4 PM ALF LOUNGE 3RD FLOOR RABBI YOSSI WOLFF	10 AM MUSIC OF THE AGES 4 PM L/C TAI CHI 7:30 PM L/C MOVIE NIGHT
4 PM ALF LOUNGE 4 PM ALF CREATIVE ARTS ROOM VESPERS GUEST SPEAKER: ART NORTH 4:30 PM W/C YOGA	9:30 AM OUTING: PUBLIX 10 AM W/C ZUMBA 2 PM MARKETING OFFICE MARKETING COMMITTEE 7:15 PM LIBRARY (APT. 430) PERSNICKETY BOOK CLUB ~ BOOK SELECTION FOR THE MONTH OF AUGUST: "SMALL GREAT THINGS" BY JODY PICOULT	1 PM LIBRARY (APT. 430) GET TECHY WITH TAT ~ TAT WILL ANSWER ANY TECHNOLOGY QUESTIONS YOU MIGHT HAVE INCLUDING SMART PHONES, ETC. 3 PM ALF LOUNGE GENERAL DISCUSSION GROUP WITH ART NORTH 3:30 PM ALF CREATIVE ARTS ROOM BETTY'S BIBLE STUDY	COMMITTEE 11:30 AM ALF D/R LUNCH & LEARN: SAFE INVESTMENTS FOR SENIORS & TAX-EFFICIENT WAYS TO PASS MONEY TO YOUR HEIRS	9 AM OUTING: 1ST NAT'L BANK 2 PM OUTING: PUBLIX	10 AM OUTING: THE FALLS 12:45 PM OUTING: LUNCH AT LONGHORNS STEAKHOUSE & SHOPPING AT KOHL'S 2 PM W/C GRIEF COUNSELING 4:30 PM PB HAPPY HOUR MUSIC WITH WINE & CHEESE	10 AM L/C OPERA HATERS' CLUB 2 PM L/C WINE & CHEESE WITH LANI 4 PM L/C TAI CHI 7:30 PM L/C MOVIE NIGHT
4 PM ALF CREATIVE ARTS ROOM VESPERS GUEST SPEAKER: GERRY MOORE 4:30 PM W/C YOGA	9 AM-3 PM AUD ADVANCED FLORAL DESIGN ~ FOR MORE INFORMATION PLEASE CALL NANCY FEHR 9:30 AM OUTING: PUBLIX 10 AM W/C ZUMBA 2 PM L/C JIB JAB POLITICAL DISCUSSION GROUP FORUM ~ SPECIAL GUEST: DAISY BAEZ, FL REPRESENTATIVE FOR MIAMI-DADE COUNTY 7 PM L/C BINGO	9 AM-3 PM AUD ADVANCED FLORAL DESIGN - FOR MORE INFORMATION, PLEASE CALL NANCY FEHR 12 NOON ALF LOUNGE VETERANS' LUNCHEON PLEASE RSVP BY CALLING PAT NARAINDUTT AT 305-238-2623 EXT. 2002 1 PM OUTING: AFTERNOON AT THE MOVIES 3 PM ALF LOUNGE GENERAL DISCUSSION GROUP WITH ART NORTH 3:30 PM ALF CREATIVE ARTS ROOM BETTY'S BIBLE STUDY 7:15 PM L/C FRIENDS OF THE ARTS CLUB	9 AM-3 PM AUD ADVANCED FLORAL DESIGN ~ FOR MORE INFORMATION, PLEASE CALL NANCY FEHR 9:30 AM PM OUTING: PUBLIX NO CONVERSATIONAL SPANISH CLASS TODAY! THE SALSA FIESTA DANCE ON 8/18 SUBSTITUTED THIS SESSION!	9 AM OUTING: 1ST NAT'L BANK 2 PM OUTING: PUBLIX 2 PM L/C CERAMICS 7 PM L/C GAME NIGHT	IF YOU ARE INTERESTED IN ATTENDING ANY OUTING (OTHER THAN SOUTHLAND MALL, WALMART, TARGET/WINN DIXIE, THE FALLS, TRADER JOE'S, ALDI SUPERMARKET, AND/OR PUBLIX), PLEASE CALL MARLA TO RESERVE YOUR SEAT ON THE BUS. IF MARLA IS NOT AVAILABLE, PLEASE LEAVE A MESSAGE (INCLUDE YOUR NAME & APARTMENT NUMBER). YOU MUST SIGN UP FOR OUTINGS NOT LISTED ABOVE. WE NEED TO HAVE AN ACCURATE LIST OF PARTICIPANTS BEFORE THE OUTING TAKES PLACE. THANK YOU FOR YOUR COOPERATION!	ALSO, IF YOU NEED TO PURCHASE AN ADMISSION TICKET FOR ANY PERFORMANCE THAT INTERESTS YOU, PLEASE STOPY BY LIFESTYLES WITH YOUR DEBIT/CREDIT CARD. MARLA IS HAPPY TO ASSIST YOU WITH PURCHASING AN ONLINE TICKET.
August 2 Independent Living			East Ridge			

Independent Living Calendar LIFESTYLES DEPARTMENT 305-256-3557

