

SUN

MON

TUE

WED

THUR

FRI

SAT

LOCATION KEY
 ALLR - Assisted Living 1st Floor Living Room
 AL - Assisted Living Activity Room
 ALDL - Assisted Living Dining Room Lobby
 AUD - Auditorium
 DR - Dining Room
 LS - Lifestyles Center
 LSC - Lifestyles Center Conference Room
 PL - Pool
 PG - Putting Green by the Wellness Center
 UR - Upper Room Assisted Living 3rd Floor
 WC - Wellness Center

9:30 AM Bus to Christ Congregational, Holy Rosary, and Saint Andrews **3**
 10:00 AM Bus to Old Cutler Presbyterian
 11:00 AM Sunday Brunch (DR)
 4:00 PM Bocce Ball (WC)
 4:00 PM Sunday Vespers (AL)

8:00 AM Walking Club (WC)
 9:00 AM Water Aerobics (PL) **4**
 9:30 AM Publix Outing (Bus circles)
 9:30 AM Shuffleboard (Shuffleboard Court)
 10:00 AM Ceramics (LS)
 1:00 PM Getting Creative with Crafts-Cancelled
 2:00 PM Stretch & Flexibility Class (WC)
 2:00 PM Learn to Play Bridge (LS)
 2:00 PM Games (LS)
 2:30 PM Pet Therapy (AL)
 3:00 PM Meet and Greet with New Executive Director Rebecca Catalanotto (AUD)
 3:30 PM Cornhole Toss (LS)
 4:30 PM Theme Night "Christmas in Miami" (DR)

8:30 AM Core & Pilates Class (WC) **5**
 9:00 AM Garden Shop
 9:00 AM Thrift Shop
 9:30 AM Balance and Flexibility (WC)
 10:00 AM Step Class (WC)
 10:30 AM Episcopal Communion Service (UR)
 1:00 PM Canasta (LS)
 1:00 PM Bridge (LS)
 1:30 PM Get Strong Class (WC)
 2:00 PM Lifestyles Committee (LSC)
 3:00 PM Art's Weekly Discussion (PL)
 3:00 PM Mahjong (LS)
 3:30 PM Betty's Bible Study (AL Activity Room)

8:00 AM Walking Club (WC) **6**
 9:00 AM Water Aerobics (PL)
 10:00 AM Outing to "Dadeland Mall & Lunch at Cheesecake Factory"
 10:00 AM Stretch & Flexibility Class (AL)
 10:00 AM Town Council (LSC)
 10:00 AM Art Class (LS)
 2:00 PM Dominos (LS)
 2:00 PM Technology Clinic (LSC)

Hanukkah Begins **7**
 9:00 AM One Blood "Blood Drive"-Cancelled (Three Palms Parking Lot)
 9:30 AM Balance and Flexibility (WC)
 9:30 AM Outing to Banks (Bus circles)
 10:00 AM Step Class (WC)
 12:00 PM Miami-Dade Library Bookmobile (Three Palms Parking Lot)
 1:30 PM Get Strong Class (WC)
 1:30 PM Hillsdale Online Course (LS)
 2:00 PM Dining Committee-Cancelled (DR)
 2:00 PM Publix Outing (Bus circles)
 3:00 PM David's Farewell Party (AUD)
 6:00 PM Outing to Magic of Lights-Cancelled (Homestead Speedway)

8:00 AM Walking Club (WC) **1**
 9:00 AM Water Aerobics (PL)
 9:30 AM The Fresh Market Outing (Bus circles)
 10:00 AM Stretch & Flexibility Class (WC)
 1:30 PM Chorus- Cancelled (AUD)
 2:00 PM Caregiver Support Group (LSC)
 3:00 PM Mahjong (LS)
 3:30 PM Cornhole Toss (LS)
 4:00 PM Jewish Service with Rabbi Wolff (Lounge-3rd Floor Assisted Living)
 4:30 PM Residents' Happy Hour "Live Music by Robert Albert" (PL)

9:00 AM Annual Holiday Bazaar (AUD) **2**
 10:00 AM Putting on the Green (PG)
 10:30 AM Bingo-Cancelled (AUD)
 2:00 PM Support Group Meeting (LSC)
 2:00 PM Tai Chi Class (AL)
 3:00 PM Bible Study "God Wants You Well" (ALLR)
 3:30 PM Drama Club (LSC)
 7:00 PM Saturday Movie Night "A Christmas Story" (LS)

9:30 AM Bus to Christ Congregational, Holy Rosary, and Saint Andrews **10**
 10:00 AM Bus to Old Cutler Presbyterian
 11:00 AM Sunday Brunch with Piano Music by Lani (DR)
 2:00 PM "Violin Concert" by Anna Ventura Students (AUD)
 4:00 PM Bocce Ball (WC)
 4:00 PM Sunday Vespers (AL)
 6:00 PM Whitney Grace Christmas Show (AUD)

8:00 AM Walking Club (WC) **11**
 9:00 AM Water Aerobics-Cancelled (PL)
 9:30 AM Publix Outing (Bus circles)
 9:30 AM Shuffleboard (Shuffleboard Court)
 10:00 AM Flu Vaccine Clinic (LS)
 10:00 AM Ceramics (LS)
 1:00 PM Getting Creative with Crafts
 2:00 PM Stretch & Flexibility Class (WC)
 2:00 PM Communications Committee-Cancelled (LSC)
 2:00 PM Learn to Play Bridge (LS)
 2:00 PM Games (LS)
 2:30 PM Pet Therapy (AL)
 3:00 PM Grief Support Group (LSC)
 3:30 PM Cornhole Toss (LS)
 6:00 PM Outing to Magic of Lights (Homestead Speedway)

8:30 AM Core & Pilates Class (WC) **12**
 9:00 AM Garden Shop
 9:00 AM Thrift Shop
 9:30 AM Balance and Flexibility (WC)
 9:30 AM CVS/Walgreens Outing (Bus circles)
 10:00 AM Step Class (WC)
 10:30 AM Episcopal Communion Service (UR)
 1:00 PM Canasta (LS)
 1:00 PM Bridge (LS)
 1:30 PM Get Strong Class (WC)
 3:00 PM Art's Weekly Discussion (PL)
 3:00 PM Mahjong (LS)
 3:30 PM Betty's Bible Study (AL Activity Room)
 6:00 PM Outing to Maurice Gusman Concert Hall "A Celebration of Christmas & Hanukkah"

8:00 AM Walking Club (WC) **13**
 9:00 AM Water Aerobics-Cancelled (PL)
 10:00 AM Stretch & Flexibility Class (AL)
 10:00 AM Art Class (LS)
 2:00 PM Chapter 651 Meeting (AUD)
 2:00 PM Dominos (LS)
 7:00 PM Chrysalis Chamber Players Performance "Enchanted Flute" (AUD)

9:30 AM Balance and Flexibility (WC) **14**
 9:30 AM Outing to Banks (Bus circles)
 10:00 AM Step Class (WC)
 12:00 PM Miami-Dade Library Bookmobile (Three Palms Parking Lot)
 1:30 PM Get Strong Class (WC)
 1:30 PM Hillsdale Online Course (LS)
 2:00 PM Publix Outing (Bus circles)
 3:00 PM "Caroling" Presented by Memory Training Centers of Florida (LS)

Hanukkah Ends **15**
 8:00 AM Walking Club (WC)
 9:00 AM Water Aerobics-Cancelled (PL)
 9:30 AM Trader Joe's Outing (Bus circles)
 10:00 AM Stretch & Flexibility Class (WC)
 10:00 AM Finance Committee- Cancelled (LSC)
 1:30 PM Chorus (AUD)
 3:00 PM Mahjong (LS)
 3:30 PM Cornhole Toss (LS)
 4:00 PM Christmas Happy Hour (LS)

10:00 AM Putting on the Green (PG) **16**
 10:30 AM Bingo (LS)
 2:00 PM Support Group Meeting (LSC)
 2:00 PM Tai Chi Class (AL)
 3:00 PM Bible Study "God Wants You Well" (ALLR)
 3:30 PM Drama Club- Cancelled (LSC)
 7:00 PM Saturday Movie Night "ELF" (LS)

December 2023

Independent Living Calendar



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TUE

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SAT

9:30 AM Bus to Christ Congregational, Holy Rosary, and Saint Andrews
10:00 AM Bus to Old Cutler Presbyterian
11:00 AM Sunday Brunch (DR)
4:00 PM Bocce Ball (WC)
4:00 PM Sunday Vespers (AL)

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8:00 AM Walking Club (WC)
9:00 AM Water Aerobics (PL)
9:30 AM Publix Outing (Bus circles)
9:30 AM Shuffleboard (Shuffleboard Court)
10:00 AM Ceramics (LS)
11:45 AM Book Club Luncheon "A Flicker in the Dark" (LS)
1:00 PM Getting Creative with Crafts
2:00 PM Stretch & Flexibility Class (WC)
2:00 PM Learn to Play Bridge (LS)
2:00 PM Games (LS)
2:30 PM Pet Therapy (AL)
3:30 PM Cornhole Toss (LS)

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8:30 AM Core & Pilates Class (WC)
9:00 AM Garden Shop
9:00 AM Thrift Shop
9:30 AM Balance and Flexibility (WC)
10:00 AM Step Class (WC)
10:30 AM Episcopal Communion Service (UR)
1:00 PM Canasta (LS)
1:00 PM Bridge (LS)
1:30 PM Get Strong Class (WC)
2:00 PM Marketing Committee-Cancelled (LSC)
3:00 PM Art's Weekly Discussion (PL)
3:00 PM Mahjong (LS)
3:30 PM Betty's Bible Study (AL Activity Room)
7:00 PM Chorus Christmas Sing-Along (Fountain)

19

8:00 AM Walking Club (WC)
9:00 AM Water Aerobics (PL)
10:00 AM Facilities/ Beautification
Committee-Cancelled (LSC)
10:00 AM Stretch & Flexibility Class (AL)
10:00 AM Art Class (LS)
10:30 AM Outing to "Shopping at Homestead Pavilion and Lunch at Longhorn"
2:00 PM Dominos (LS)
2:00 PM Town Hall (AUD)

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9:30 AM Balance and Flexibility (WC)
9:30 AM Outing to Banks (Bus circles)
10:00 AM Step Class (WC)
12:00 PM Miami-Dade Library Bookmobile (Three Palms Parking Lot)
1:30 PM Get Strong Class (WC)
1:30 PM Hillsdale Online Course (LS)
2:00 PM Publix Outing (Bus circles)
4:00 PM Birthday Night "Santa's Workshop" (DR)

21

8:00 AM Walking Club (WC)
9:00 AM Water Aerobics (PL)
9:30 AM Aldi's Outing (Bus circles)
10:00 AM Stretch & Flexibility Class (WC)
1:30 PM Chorus- Cancelled (AUD)
3:00 PM Mahjong (LS)
3:30 PM Cornhole Toss (LS)
4:30 PM Residents' Happy Hour (PL)

22

10:00 AM Putting on the Green (PG)
10:30 AM Bingo (AUD)
2:00 PM Support Group Meeting (LSC)
3:00 PM Bible Study "God Wants You Well" (ALLR)
3:30 PM Drama Club- Cancelled (LSC)
7:00 PM Saturday Movie Night "The Peacher's Wife" (LS)

23

Christmas Eve
9:30 AM Bus to Christ Congregational, Holy Rosary, and Saint Andrews
10:00 AM Bus to Old Cutler Presbyterian
11:00 AM Sunday Brunch (DR)
4:00 PM Bocce Ball (WC)
4:00 PM Sunday Vespers (AL)

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Christmas Day
8:00 AM Walking Club-Cancelled (WC)
9:00 AM Water Aerobics-Cancelled (PL)
9:30 AM Publix Outing-Cancelled (Bus circles)
9:30 AM Shuffleboard (Shuffleboard Court)
10:00 AM Ceramics- Cancelled (LS)
11:00 AM Christmas Brunch with Harp Music by Trudy Faust (DR)
1:00 PM Getting Creative with Crafts-Cancelled
2:00 PM Stretch & Flexibility Class-Cancelled (WC)
2:00 PM Learn to Play Bridge (LS)
2:00 PM Games (LS)
2:30 PM Pet Therapy-Cancelled (AL)
3:00 PM Grief Support Group-Cancelled (LSC)
3:30 PM Cornhole Toss- Cancelled (LS)

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Kwanzaa
8:30 AM Core & Pilates Class (WC)
9:00 AM Garden Shop
9:00 AM Thrift Shop
9:30 AM Balance and Flexibility (WC)
10:00 AM Step Class (WC)
10:30 AM Episcopal Communion Service (UR)
12:00 PM Veteran's Luncheon (ALDL)
1:00 PM Canasta (LS)
1:00 PM Bridge (LS)
1:30 PM Get Strong Class (WC)
3:00 PM Art's Weekly Discussion (PL)
3:00 PM Mahjong (LS)
3:30 PM Betty's Bible Study (AL Activity Room)

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8:00 AM Walking Club (WC)
9:00 AM Water Aerobics (PL)
10:00 AM Stretch & Flexibility Class (AL)
10:00 AM Art Class (LS)
2:00 PM Dominos (LS)
2:00 PM Wellbeing Committee-Cancelled (LSC)

27

9:30 AM Balance and Flexibility (WC)
9:30 AM Outing to Banks (Bus circles)
10:00 AM Step Class (WC)
12:00 PM Miami-Dade Library Bookmobile (Three Palms Parking Lot)
1:30 PM Get Strong Class (WC)
1:30 PM Hillsdale Online Course (LS)
2:00 PM JIB JAB "Super Dog Trainer Baird Lobree" with his Dog "Rye" (AUD)
2:00 PM Publix Outing (Bus circles)

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8:00 AM Walking Club (WC)
9:00 AM Water Aerobics (PL)
9:30 AM Whole Foods Outing (Bus circles)
10:00 AM Stretch & Flexibility Class (WC)
1:30 PM Chorus- Cancelled (AUD)
2:00 PM LOOP-ME-IN with Chance and Chef Ricky (LSC)
3:00 PM Mahjong (LS)
3:30 PM Cornhole Toss (LS)
4:30 PM Residents' Happy Hour (PL)

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10:00 AM Putting on the Green (PG)
10:30 AM Bingo (AUD)
2:00 PM Support Group Meeting (LSC)
3:00 PM Bible Study "God Wants You Well" (ALLR)
3:30 PM Drama Club- Cancelled (LSC)
7:00 PM Saturday Movie Night "Downton Abbey: A New Era" (LS)

30

New Year's Eve
9:30 AM Bus to Christ Congregational, Holy Rosary, and Saint Andrews
10:00 AM Bus to Old Cutler Presbyterian
11:00 AM Sunday Brunch (DR)
3:00 PM Opera "Die Fledermaus" (LS)
4:00 PM Bocce Ball (LS)
4:00 PM Sunday Vespers (AL)
6:00 PM New Year's Eve Party (PL)

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LOCATION KEY
ALLR - Assisted Living 1st Floor Living Room
AL - Assisted Living Activity Room
ALDL - Assisted Living Dining Room Lobby
AUD - Auditorium
DR - Dining Room
LS - Lifestyles Center
LSC - Lifestyles Center Conference Room
PL - Pool
PG - Putting Green by the Wellness Center
UR - Upper Room Assisted Living 3rd Floor
WC - Wellness Center

December 2023

Independent Living Calendar

