



STANDARDS & GUIDELINES

Section:	Skilled Nursing	Policy # V-1
Subject:	East Ridge at Cutler Bay Skilled Nursing Visitation “No Patient Left Alone Act”	
Effective:	5/6/22	

Objective: The administration and staff of East Ridge at Cutler Bay understand the importance of the residents being able to spend time with loved ones, family and friends. During the COVID-19 Public Health Emergency (PHE) per Centers for Medicare and Medicaid Services (CMS), indoor general visitation for all residents has been very restrictive in an effort to protect the health and safety of those most vulnerable, our residents, as well as the protection of facility staff needed to care for our residents. East Ridge at Cutler Bay has updated the relevant policies to the September 17, 2020, QSO-20-39-NH revised March 10, 2022 by CMS in conjunction with the Centers for Disease Control and Prevention (CDC) regarding resident visitation and the April 6, 2022, State of Florida SB 988, “No Patient Left Alone Act.” Consequently, this facility will not restrict visitation without a reasonable clinical or safety cause consistent the 42 CFR §483.10(f) (4) (Resident Rights). Policies will continue to be updated as regulatory guidance is updated.

East Ridge at Cutler Bay acknowledges the concerns for infection transmission to residents/patients, visitors and staff associated with open visitation and will continue to require staff and visitors to adhere to the core principles of COVID-19 infection prevention to mitigate these concerns. The requirement for residents/patients wearing of masks is mentioned throughout our visitation policies. It is understood that many of East Ridge at Cutler Bay residents/patients are unable to tolerate masks due to medical conditions and that those with memory issues cannot remember to leave a mask in place and may therefore not be able to consistently follow the source control portion of these policies. East Ridge at Cutler Bay staff will continue to encourage resident/patient compliance with all infection control practices. The Administrator or designee is responsible for ensuring that staff and other persons in the facility adhere to the policies and procedures of the facility.



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Responsibility: The Nursing Home Administrator or Designee

Guideline: **Core Principles of COVID-19 Infection Prevention**

Visitation at East Ridge at Cutler Bay will be conducted following the core principles of COVID-19 infection prevention and best practices consistent with the Centers for Disease Control and Prevention (CDC) guidance for nursing homes in order to reduce the risk of COVID-19 transmission.

1. All staff, visitors to East Ridge at Cutler Bay and other persons entering the facility will be screened for signs and symptoms of COVID-19 using the screening Kiosk and automated temperature check or the hard copy screening tool in use at East Ridge at Cutler Bay in conjunction with a manual temperature check. East Ridge at Cutler Bay administration and nursing staff have the responsibility to deny entry to the facility of any persons failing to meet the screening guidelines including those with a positive viral test, with signs or symptoms of COVID-19 or who meet the criteria for quarantine.
2. All visitors will follow the proper method for completing hand hygiene during their visit with the proper use of alcohol-based hand rub being the preferred method.
3. All visitors must wear a face covering or mask covering their mouth and nose at all times when entering the facility, while inside the facility's common areas and when around any East Ridge at Cutler Bay Skilled Nursing staff and other residents.
4. All visitors will adhere to the CDC Guidance for physical distancing of at least 6 feet from staff and other East Ridge at Cutler Bay Skilled Nursing residents during their visit.
5. Instructional signage with source control information for visitors and staff will be placed throughout the facility.
6. Visitor education will be provided on COVID-19 signs and symptoms, East Ridge at Cutler Bay infection control precautions, required use of face coverings, hand hygiene, proper entrance and exits to use when arriving and departing the facility and the routes to designated areas.

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7. East Ridge at Cutler Bay will clean and disinfect high-frequency touched surfaces often and will clean and disinfect the designated visitation areas after visits.
8. Staff will appropriately use and wear PPE.
9. Effective cohorting of residents will be followed at East Ridge at Cutler Bay, (e.g., having separate areas dedicated for COVID-19 care and a separate transition area for new admissions).
10. Resident and staff testing will be conducted as required at 42CFR 483.80(h). (See QSO-20-38-NH)

Indoor In-Person Visitation

East Ridge at Cutler Bay will facilitate in-person indoor visitation for all residents/patients as permitted under the applicable CMS regulations and the April 6, 2022, State of Florida, SB 988, “No Patient Left Alone Act.” East Ridge at Cutler Bay residents/patients may receive visitors of their choosing at the time of their choosing in a manner that does not place other residents at risk or impose on the rights of another resident.

1. Visitors to East Ridge at Cutler Bay residents/patients are not required to schedule a visit appointment in order to spend time with a resident/patient for a routine visit.
2. East Ridge at Cutler Bay has placed no limit on the length of visits, the frequency of visits or the number of visitors an individual resident/patient may have at one time. In an effort to ensure that physical distancing is maintained in adherence to the COVID-19 principles of infection prevention, large gatherings with a large number of visitors in the same place at the same time will be avoided unless a venue suitable to maintain the required physical distancing is available.
3. Outdoor visits are a preferred venue for residents/patients and visitors who are unvaccinated for the protection of the other facility residents/patients but are not mandatory.
4. Visits may take place for residents/patients in their room.
5. Visitors will not be allowed to wander through the facility. They must go

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directly to their designated visitation area or resident's room after completing the COVID-19 screening and must leave the facility promptly at the end of the visit via the appropriate exit route.

6. The staff of East Ridge at Cutler Bay values and honors the rights of the resident/patient to deny consent for a visit at any time and will assist the resident/patient as needed in such circumstances.

7. As per the CDC Core Principles of COVID-19 Infection Prevention, source control (masking) and physical distancing will be observed by visitors based on East Ridge at Cutler Bay's County level of community transmission rate as indicated in the CDC's COVID online Data Tracker-County View.

a. The CDC Core Principles recommend:

- When East Ridge at Cutler Bay's County level of community transmission rate is substantial or high, residents/patients and visitors should wear face masks and practice physical distancing at all times regardless of vaccination status.

- When East Ridge at Cutler Bay's County level of community transmission rate is low to moderate residents/patients and visitors are recommended to wear face masks and practice physical distancing especially if either the resident or the visitor is not up-to-date with all recommended COVID-19 vaccine doses. If both the resident/patient and visitor are up-to-date with all recommended COVID-19 vaccine doses and neither one is at risk for severe disease, both may choose to remove face masks and forego physical distancing during the visit.

b. Residents, regardless of vaccination status, can choose not to wear face coverings or masks when other residents are not present and have close contact (including touch) with their visitor. Residents (or their representative) and their visitors, who are not up-to-date with all recommended COVID-19 vaccine doses, will be advised of the risks of physical contact prior to the visit.

c. The April 6, 2022, Florida State "No Patient Left Alone Act" SB 988 mandates that consensual physical contact between a resident/patient and the visitor must be allowed.

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8. All visitors regardless of vaccination status must wear face masks and maintain physical distancing of at least six feet from all staff and other residents while in the facility.

9. For the protection of residents/patients and staff, visitors who violate the Core Principles of COVID-19 Infection Prevention and East Ridge at Cutler Bay policies and procedures after being educated, will be asked to leave the facility and in-person visitation will be suspended for the specific visitor.

Designation of and In-person Visitation by an Essential Caregiver

In accordance with the April 6, 2022, State of Florida, SB 988, “No Resident Left Alone Act,” each East Ridge at Cutler Bay Skilled Nursing resident/patient will be asked to designate a family member, friend, guardian or other person as an “essential caregiver.” Under the Act, this essential caregiver is allowed to visit the resident/patient for at least 2 hours daily in addition to any other visitation authorized by East Ridge at Cutler Bay. The essential caregiver is not required by East Ridge at Cutler Bay to provide any form of care to the resident/patient during their visits. Resident/patients have the right to decline designation of an essential caregiver. The designated essential caregiver will be documented in the resident/patient clinical record.

Special Circumstances Requiring In-person Visitation

In accordance with the April 6, 2022, State of Florida, SB 988, “No Resident Left Alone Act,” East Ridge at Cutler Bay must allow in-person visitation in all of the following circumstances unless the resident/patient objects:

- End-of-Life situations.
- With a resident/patient who is struggling with a change in environment and the lack of in-person family support when having previously lived with family before admission to East Ridge at Cutler Bay.
- With a resident/patient is experiencing emotional distress or is grieving the loss of a friend or family member who has recently died.
- With a resident/patient who is in the process of making one or more major medical decisions.
- With a resident/patient who needs cueing or encouragement to eat or drink when that assistance was previously provided by a family member or caregiver; and/or with a resident/patient who used to talk and interact with others who is now seldom speaking.

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In-person Visitation during COVID-19 Outbreak in the Facility

Under the November 12, 2021 CMS guidance, indoor visitation for the East Ridge facility residents/patients may occur for all residents at all times including during the times when the facility is investigating or experiencing an outbreak of COVID-19. An outbreak is defined by CDC as a new COVID-19 infection in any healthcare personnel or the nursing-home onset COVID-19 infection in a resident.

1. East Ridge at Cutler Bay will make a resident/patient or their representative and the visitor(s) aware of the facilities status when under investigation or outbreak for COVID-19, the risks associated with visiting during this time and the infection control practices to be followed during their visit.
2. During such times visitation should take place in the resident's/patient's room.
3. Both resident/patient and visitor must wear face masks regardless of vaccination status.
4. Residents/patients on transmission based precautions are not recommended to have visitors; however, CMS states that visitation may be allowed in the resident's room with the resident wearing a face mask and the visitor wearing required Personal Protective Equipment (PPE) during the visit. East Ridge at Cutler Bay may offer to provide PPE to the visitors to wear during the visit but under this guidance is not required to do so.
5. When other Personal Protective Equipment (PPE) in addition to face coverings is necessary for the visit, visitors must follow the instructions from East Ridge at Cutler Bay staff and wear the PPE properly during the entire visit.

Important Considerations for Visitation

Visitation for a East Ridge at Cutler Bay Skilled Nursing resident/patient will be person-centered, considering the resident's/patient's physical, mental and psychosocial well-being and will support their quality of life. To further reduce transmission risk, physical barriers such as Plexiglas dividers or curtains may be used when necessary due to SARS-CoV-2 level of infection in the community. East Ridge at Cutler Bay will enable visits to be conducted with an adequate degree of privacy.

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The CMS guidelines do not indicate any age restriction for visitors; however, all visitors to East Ridge at Cutler Bay must be able to adhere to the core principles of COVID-19 infection prevention. If a specific visitor violates the core principals of COVID-19 infection prevention and East Ridge at Cutler Bay visitation policies and procedures in-person visits will be suspended and the visitor will be asked to leave. East Ridge at Cutler Bay staff will monitor for any visitors having difficulty adhering to the core principles of COVID-19 infection prevention and take appropriate action to educate and/or to ensure that the visitor leaves the facility.

Covid-19 Testing and Vaccination of Visitors

East Ridge at Cutler Bay will encourage testing of visitors during times when East Ridge at Cutler Bay's County community transmission rate is at the substantial or high level. The facility will encourage all visitors to be tested on their own prior to coming to the facility (e.g. within 2-3 days) of their visit. However, under CMS guidance, visitors are not required to test or to show proof of having tested as a condition of visitation.

East Ridge at Cutler Bay will educate and encourage visitors to become vaccinated against COVID-19 to help prevent the spread of COVID-19 illness. Visitors are not required to be vaccinated or to show proof of vaccination as a condition of visitation. Visitors who decline to disclose their vaccination status will be assumed to be unvaccinated and will be required to wear a face mask at all times while in the facility. This assumption applies to representatives of the Office of the State Long-Term Care Ombudsman and protection and advocacy systems.

The Administrator or designee of East Ridge at Cutler Bay will make every effort to facilitate safe indoor in-person visitation consistent with the regulations set forth by the Centers for Medicare and Medicaid Services, the Centers for Disease Control, the Florida Department of Emergency Management, the Agency for Health Care Administration and the State of Florida SB 988, April 6, 2022, "No Patient Left Alone Act." This policy will be updated as regulatory guidance from CMS is announced.